



Post-16 Summer Work - Psychology - Reading List

Essential textbooks

These MUST be purchased for the course

- Year 1: [AQA Psychology for A Level Year 1 & AS Student Book – 2nd Edition](#)
[AQA Psychology for A Level Year 1 & AS Student Book - 2nd Edition - Illuminate Publishing](#)
- Year 2: [AQA Psychology for A Level Year 2 Student Book – 2nd Edition](#)
[AQA Psychology for A Level Year 2 Student Book - 2nd Edition - Illuminate Publishing](#)

Optional extras

In order to gain a genuine understanding of the topics covered it is essential that you read regularly and widely about your chosen field of study.

Books

- Freud for Beginners by Richard Appignanesi and Oscar Zarate
- Introducing Psychology: A Graphic Guide to Your Mind and Behaviour by Nigel Benson
- Mindwatching: Why We Behave the Way We Do by H.J. Eysenck and Michael W. Eysenck
- Psychology: A Very Short Introduction by Gillian Butler and Freda McManus
- Richard Dawkins: The Selfish Gene
- Sigmund Freud: An Interpretation of Dreams
- Sigmund Freud: The Unconscious
- Psychology of Mind, Science and Behaviour by R Gross (5th edition)
- Routledge Modular Psychology Series:
 - Awareness: biorhythms, sleep and dreaming
 - Classification and diagnosis
 - Early socialisation o Evolutionary explanations of human behaviour
 - Interpersonal relationships
 - Memory and forgetting
 - Physiological basis of behaviour
 - Psychopathology
 - Social cognition
 - Theoretical approaches in psychology
 - Therapeutic approaches
 - Goldacre, B. (2008) Bad Science, Fourth Estate
 - Goldacre, B. (2013) Bad Pharma, Fourth Estate

Magazines/journals

- Psychology Review (Quarterly: Link for these will go out on the school gateway later in the year)
- The Psychologist (Monthly)
- Scientific American (Monthly) Websites/organisations
- The British Psychological Society (BPS): <http://www.bps.org.uk>
- Washington University Neuroscience Dept: <http://faculty.washington.edu/chudler/neurok.htm/>

Useful Links

- Psychboost: [\(56\) Psych Boost - YouTube](#)
- Tutor2u: [tutor2u | Support resources for Psychology students and teachers](#)
- SM Cartledge: www.youtube.com/@smcartledge2723