

Dartmoor Multi Academy Trust

...everyone in our Trust.

OKEHAMPTON COLLEGE • SPRING MENU • WEEK ONE

MONDAY

Chicken Curry,
Vegetable Rice and
1/2 Naan Bread

Roasted Vegetable Curry,
Vegetable Rice and
1/2 Naan Bread

Cheesy Pesto Pasta

TUESDAY

Chipolata Sausages,
Creamy Mash Potato,
Carrots, Peas
and Onion Gravy

Quorn Sausage,
Creamy Mash Potato,
Carrots and Peas
and Onion Gravy

Pomodoro Pasta

WEDNESDAY

Roast Turkey,
Roast Potatoes,
Seasonal Veg
and Gravy

Broccoli and Cauliflower
Bake, Roast Potatoes,
Seasonal Veg and Gravy

Macaroni Cheese

THURSDAY

Beef Chilli with
Steamed Rice and
Sweetcorn,
Nachos and Dip

Tomato and Basil Pasta
Bake, Focaccia Bread
and Salad

Italian Meatball
Tomato Pasta

FRIDAY

Beef Burger, Chicken Bites
or Breaded Fish with Chips,
Peas, Baked Beans and
Curry Sauce or Gravy

Cajun Bean and Butternut
Burger or Breaded Halloumi
with Chips, Peas, Baked
Beans, Curry Sauce
or Gravy

Mixed Roasted Pepper
and Mozzarella

Main
ONE

Main
TWO

Pasta
BAKES

FRESHLY
PREPARED
SANDWICHES,
BAGUETTES AND
WRAPS
*Available
daily*

HOT PANINIS
Made daily

JACKET POTATOES
WITH A SELECTION
OF TOPPINGS
*Available
daily*

We are pleased to offer a variety of allergen free options on our food menu. Although all food is prepared in a kitchen that handles most allergens and therefore we cannot guarantee that cross contamination will never occur, we do take every possible precaution to prevent this from happening.

 **Educatering**
The School Food Revolution



Scan the QR code to view the allergens. Please be aware that allergens are updated regularly, therefore please check allergens before consumption of meals.

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OKEHAMPTON COLLEGE • SPRING MENU • WEEK TWO

MONDAY

**Brunch Grill,
Bacon, Sausage,
Hashbrown
and Beans**

**Quorn Brunch,
Quorn Sausage,
Hashbrown,
Tomato and Beans**

Cheesy Pesto Pasta

TUESDAY

**Hunters Chicken,
Wedges and
Sweetcorn**

**Ratattouille Bake,
Rice and
Sweetcorn**

Pomodoro Pasta

WEDNESDAY

**Roast Gammon,
Roast Potatoes,
Seasonal Veg
and Gravy**

**Leek and Potato Bake,
Roast Potatoes,
Seasonal Veg and Gravy**

Macaroni Cheese

THURSDAY

**Beef Lasagne,
Focaccia Bread
and Salad**

**Roasted Vegetable
Lasagne, Focaccia Bread
and Salad**

**Italian Meatball
Tomato Pasta**

FRIDAY

**Beef Burger, Chicken Bites
or Breaded Fish with Chips,
Peas, Baked Beans and
Curry Sauce or Gravy**

**Cajun Bean and Butternut
Burger or Breaded Halloumi
with Chips, Peas, Baked
Beans, Curry Sauce
or Gravy**

**Mixed Roasted Pepper
and Mozzarella**

**Main
ONE**

**Main
TWO**

**Pasta
BAKES**

FRESHLY
PREPARED
SANDWICHES,
BAGUETTES AND
WRAPS
*Available
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HOT PANINIS
Made daily

JACKET POTATOES
WITH A SELECTION
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OKEHAMPTON COLLEGE • SPRING MENU • WEEK THREE

MONDAY

Tomato and Meatball Pasta, Focaccia Bread and Salad

Mac 'N' Cheese, Focaccia Bread and Salad

Cheesy Pesto Pasta

TUESDAY

Beef Curry, Vegetable Rice and 1/2 Naan Bread

Margherita Pizza, Wedges and Sweetcorn

Pomodoro Pasta

WEDNESDAY

Roast Pork, Roast Potatoes, Seasonal Veg and Gravy

Butternut Squash and Sweet Potato Bake, Roast Potatoes, Seasonal Veg and Gravy

Macaroni Cheese

THURSDAY

Chicken and Leek Pie, Creamy Mash, Carrots, Peas and Gravy

Yorkshire Pudding Cottage Pie, Creamy Mash, Carrots and Peas and Gravy

Italian Meatball Tomato Pasta

FRIDAY

Beef Burger, Chicken Bites or Breaded Fish with Chips, Peas, Baked Beans and Curry Sauce or Gravy

Cajun Bean and Butternut Burger or Breaded Halloumi with Chips, Peas, Baked Beans, Curry Sauce or Gravy

Mixed Roasted Pepper and Mozzarella

Main ONE

Main TWO

Pasta BAKES

FRESHLY PREPARED SANDWICHES, BAGUETTES AND WRAPS
Available daily

HOT PANINIS
Made daily

JACKET POTATOES WITH A SELECTION OF TOPPINGS
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