

- World Book Day
- Spring Concert
- Cricket Success



This term we have launched the Oke Way: our shared agreement for the way we do things in the College to create a culture of belonging and sense of purpose so that everyone can thrive.

We aim to create a culture of exceptionally good behaviour: for learning, for our community and for life.

We have created the Oke Way Home School agreement which we have shared with you this week. A Home-School Agreement is a statement explaining:

- · the school's aims and values
- the school's responsibilities towards its students
- the responsibility of each student's family
- the responsibility of every student

At the start of the Summer Term, we will have an extended tutor session to ensure students are absolutely clear what is expected of them, with opportunities to ask questions about any changes, to ensure the shared agreement is understood and lived by all.

We have created a digital badge on ClassCharts called the Oke Way award. Hundreds of students have already received this award when they have achieved 10 positive points for displaying any of the Oke 8 habits of: respect, kindness, responsibility, tolerance, hardworking, independent, resilient and committed.

We are proud of the incredible efforts of our staff and students this term and look forward to celebrating their successes further in the summer.

I hope you all enjoy a restful and happy Easter.

- Monday 15th April 2024 –Students return after Easter break.
- Week commencing 22nd April 2024 Year 12 Exams start.

... News from our Senior Leadership Team ...



A. Sweeney, Principal

Welcome to our Spring Term newsletter. It has been another busy but really purposeful half term of work and achievement across all year groups.

Congratulations to Chloe Marten, Lily Thorne and Lucia Floyd-Walker (Year 9) who were nominated for this week's Principal's Oke 8 Champion Award.

From everyone at the College we would like to thank students and families for their hard work and reslience and we wish every one a rest over the Easter break. We look forward to welcoming all students back on the 15th April 2024.





... News from our

Senior Leadership Team ...

R Corkell **Assistant Principal** Safeguarding

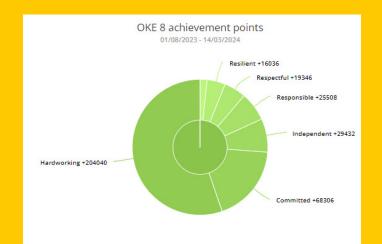
- The College values the use of voice work to inform improvement in the college. Please look out for the Class Chart announcement for the link to this terms surveys.
- We value the lived experience of students, and the cultural framework supports how students keep themselves and each other safe as part of the OKE Way.
- We want students to 'SPEAK UP' and report all instances abuse using the reporting mechanisms such as speaking to staff, online reporting using Whisper or using the Need to talk email needtotalk@ okehamptoncollege.devon.sch.uk
- The college encourages students to 'SPEAK UP' for each other and report to staff if they have concerns of a friend and their welfare.
- To continue to enhance the safeguarding in the college, all staff have received updated training, including myself from the NSPCC. The safeguarding team are also developing additional specialisms in areas of concern as identified, such as bereavement, online abuse and social emotional mental health. More to follow with future announcements.



Behaviour

Okehampton College has introduced the new OKE WAY award in the form of a digital badge, with a pin badge planned for next academic year. This award is to recognise students who embody the college OKE 8 values through their positive behaviours and attitudes at College. Students who receive 5 separate achievements in a day will see this award on their Class Charts. Congratulations to all those who already achieved this!

A total of 448115 positive achievement points have been awarded this academic year across the different OKE 8 character habits. At the same time in March 2023, students had been awarded just over half as much positive praise with 288270 points. This is a testament to both how hard students work alongside how staff are supported to recognise student achievement.





World Book Day and Writing Collaborations

It has been a busy half term, with students entering a national writing competition, working with one of our feeder primaries and, of course, World Book Day. The whole school got involved with World Book Day this year, with assemblies, activities and some very creative fancy dress from the staff. It was amazing to hear such a buzz about reading from so many in our community.

Three of our students; Chloe Marten, Lucia Floyd Walker and Lily Thorne also spent a morning at North Tawton Primary School, helping their Year 6 students develop their writing skills. The students embraced the leadership opportunity and the Year 6s had a fantastic time, and didn't want them to leave when the time came to head back to college!

Two of our Year 9 students entered a national writing competition with the task of having to write a persuasive piece about the environment. Their entries were superb and a credit to their hard work and determination. Below are two extracts from the submissions that Chloe and Lily wrote.

Be the change - Chloe Marten

The birds sang an elegant song in the world that once was. Gushing sunsets laced through lakes and rivers, golden ribbons danced through souls of river reed and left colour dancing through the souls of fish. Stains of pink and scarlet-red dappled verdant bushes in a rush of lively laughter; mother natures colour palette.

But her easel began to grow brittle and the creation at her fingertips began to grow quiet and sombre, her once vibrant array of colours turned into the shades of a raging thunderstorm. A race began to pollute the colour that once sang the world to peace.

The colourless ink spread far across her canvas, the pollution courses through the veins of trees and into the bloodstream of rivers and into the soaken heartbreak of our oceans.

Be The Change - Lily Thorne

It is selfish really that we forget about animals who rely on their perfectly balanced ecosystems which are now being disrupted by the rising temperature of the Earth's climate. What about the Asian elephants who cannot find water due to the regular droughts, the polar bears whose habitats are shrinking because of the melting ice or the giant pandas whose bamboo will not grow anymore leaving them hopelessly hungry and vulnerable? We don't just owe it to ourselves to help revive our suffering planet, we owe it to all the once-thriving organisms that enrich the oceans and earth who cannot speak up for themselves.

Humans have been evolving, inventing, and improving life for thousands of years. We are capable of so much whether that be positive or negative. Unfortunately, global warming and climate change are the negative impacts we have made. However, if we have the capability to walk on the moon, to create the internet which can connect anyone in the world and concoct medicines and vaccines that have saved billions of lives then why can't we do this? Tackling this huge problem could be another one of our great achievements in history that is taught in a lesson a couple hundred years from now. But achievement takes effort and hard work. We need a cultural revolution. Will you join this revolution? Will you be the change?









College staff entered into the spirt of things for World Book Day

Key Stage 3 Curriculum Update:

This term has been all about Shakespeare! Year 7 have learned all about Shakespeare and

his tragedies, especially Hamlet. Year 8 have been working on The Tempest and exploring contemporary and modern perspectives of Shakespeare's divisive character: Caliban. In Year 9, we are continuing to examine and explore the rich language of Romeo and Juliet, considering how masculinity is paired with pride and honour in the play. Book Club texts will also be changing as classes come to the end of the first read. We have been so impressed with the depth of discussion and ideas students have around Book Club lessons. Year 7 will be moving to Charles Dickens' Great Expectations; Year 8 to a biography of Mary Shelley (to support their Gothic knowledge for next term); Year 9 will be reading Harper Lee's To Kill A Mockingbird.

Key Stage 4 Curriculum Update:

English

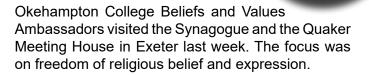
Media

We'd like to start by saying a massive 'well done!' to Year 10, who have worked so hard through their English Language and Literature mock exams. We are finishing off the poems before moving to Macbeth after Easter. They'll need to bring their dramatic selves to lessons! Year 11 have finished the curriculum, and lessons are now dedicated to exam skill and essay practice. We have been particularly impressed with Year 11's response to our 'Friday Write' lessons, where they plan a question as home learning, and complete it under timed conditions.

Spotlight on: A Level English Language

Things are hotting up in the world of English Language at the moment. Year 13 students have finalised their coursework investigations, and we have been impressed with their creative choices of study. Students can choose their own area of language to explore, and we have seen topics such as: an analysis of the language of text messages; the changing use of language in Bond film over the past 50 years and an exploration of the language of children's books. Year 12 are starting to plan their original writing pieces too and we are excited to see what they come up with.

Beliefs and Values



lumanit

The students also took part in a Human Rights Equality Trail around Exeter city centre where they visited sights such as the Dissenters Graveyard, the Jewish cemetery and the Gatehouse to Rougement Castle.





English Revision Sessions:

- Tuesdays 15.30-16.30 English Language Room 613
- Tuesdays 15.30-16.30 Poetry Revision Room 609
- Thursdays 15.30-16.30 English Literature Room 610 / 603

Mrs Teixeira recently took a group of Year 11 students to PETROC College for a recording session, their prize from last year's North Devon Battle of the Bands competition.

The five students were lucky enough to be recorded in the newly set-up recording studios, with each student given their own recording booth, the first time that they had ever played as a band without being able to physically see each other. The recording session was a challenging and valuable experience for these rising stars and we look forward to being able to share their recording with you. The final stage of this process is to have a short radio interview and their single will be played on air. A wonderful and well-deserved success for these hard-working and resilient young musicians, we are all very proud of their accomplishments whilst with us at Okehampton College and can't wait to see where their career paths lead them as they enter the next phase of their education journey.



As part of Red Nose Day celebrations, staff joined together for a very entertaining lunchtime show of 'Would I Lie To You". The Octagon Theatre was jampacked and the feedback has been "please can we do more stuff like this" from both the staff and the students. Thank you to Mr Giles, Mr Parker, Mr Turnbull, Miss Grace, Miss Bray and Mrs Wheeleker for their brilliant contributions to the entertainment. Thank you to our students for being responsible and respectful as the staff tried hard to work out the logistics around the event, the student showed great compassion and understanding when the venue was at full capacity and some had to be turned away. Mrs Teixiera is currently working on a programme of events which will take place over the next half term to ensure that everyone gets the opportunity to attend an event like this before the half term of the Summer Term. More details to follow. Please follow our social media pages.







Thank you to all students, parents/carers and staff for their support at The Spring Concert last Tuesday. The 6th Form students did a sterling job of compering the evening and the range and variety of perfromances ensured that there was something for everyone. We look forward to our Summer Showcase in the Summer Term

We are very please that our woodwind students Gigi and Mason recently did very well in their Graded Music exams. Mrs Osbourne, our Woodwind teacher ,was very proud to announce that Gigi achieved a Distinction and Mason received a Merit, CONGRATULATIONS to them both!

Mrs Roberts and Mrs Nielsen are taking a a group of drama students to see a Paper Birds Theatre company performance of 'Feel Me' at Exeter Northcott. Feel Me is a new, interactive theatre show, which asks, what makes us 'feel' for another person, as we journey through landscapes and across borders, through weather storms and paperwork, changing seasons, endless queues and interviews. This stunning mixture of live performance, film, projection, dance and music, Feel Me will explore the different lenses through which we are told, and connect to stories in the modern digital world. We are sure that the experience will broaden our student's experience and understanding of theatre and performance, we hope that they have a really successful evening and look forward to hearing about it in the next newsletter.

Finally, congratulations to Ed Selwood who has recently been accepted into the Royal Welsh College of Music and Drama to study Scenic Construction. The Royal Welsh College were so impressed by Ed's musical and technical knowledge, and the experiences that he takes with him that Ed has been offered an unconditional place from August 2024. Well done Ed, we are very proud of you and can't wait to come and watch some of the productions that you will no doubt be involved in designing and building!

Why study French at A-level?!

In our A-Level French class we are currently researching individual topics for our speaking exam, ranging from Monet to French politics! The course really allows students to dive into French speaking society and explore an issue that is of personal interest to them; whilst developing skills which can be used later on, in the workplace.

We asked 2 of our students: why did you choose to study A-Level French?

'It allowed me to explore more of the French language and culture. I was able to link my passion for Art by researching Monet in the French language'.

'French pushes me to develop my skills and perspective on French speaking society'.

We wish them every success in their upcoming exams!

International Theatre Company Visit!

On Friday 22nd March the Octagon was transformed into a world of French farce and comedy! All of our Year 7s were treated to a visit from the internationally renowned theatre company Onatti.

The play was called 'Le château!'. The story followed the adventures of a young English knight who was sent to France. Students were required to use their listening and interpreting skills to follow the action.

The Year 7s seemed to thoroughly enjoy the production, and the actors commented on how well students responded to the challenge of interpreting the play, and on how well they conducted themselves. It was fantastic to see the students displaying the Oke 8 habits of responsibility and respect in particular. This positive and open-minded approach, considering others and their cultures, is part of our Oke Way.









Thank you ...

.. to all students, families and staff for supporting our Comic Relief fund rasing. The non uniform day and the "Would I Lie to You" event rasied £810!

Danish School Visit

Hej! (Hello!),

How is your Danish?!

Our students have again been challenging themselves to get to grips with the Danish language and culture this week! Pictured here are some of our Yr10 students with their Danish partners from Stenløse Privatskole. This is the second time that the Danish students have visited us this academic year, as part of our international partnership work. Our Yr9s and Yr10s hosted the Danish students in lessons, including practical cooking lessons, as seen in the photos!

During this visit, our students developed their communication and team working skills, but more importantly we seem to have started some lasting friendships. Reflecting on the Oke way, staff at the College were proud to see students displaying the Oke 8 habits of kind and committed in particular, and we would like to thank them for their hard work and thoughtful approach in hosting their Danish partners- well done!

This week we also hosted a visit from a new partner school in Poland and hope to build on our opportunities for students to encounter peers from foreign countries. We believe it is important to develop our students as global citizens, equipping them for life beyond school.

Photo 1: Fay Barzotelli and her Danish partner Silje Dollas, and Nelle Millership and her Danish partner Tejveer Singh. Tejveer commented: 'I think every pupil I have met here have been nice and kind to me and helping'. Nelle and Fay added: 'it's been a new and different experience and fun to learn about Danish school'.

Photo 2: Lewis Stephens and his Danish partner Jeppe Andersen are also pictured, and they both explained: 'we made contact online- it's good to meet in person!'.

Photo 3: Fay and Silje working together as a team in their food practical lesson.





Photo 1



Photo 2



Photo 3



Extra-Curricular Activities:

This half term has seen lots of fixtures from the PE faculty. Students completed the end of season netball tournament with Tavistock and Holsworthy, with Okehampton triumphant at Year 7, 8, 10 and 11.

Netball teams in Years 7-11 travelled to St Peters where the Year 8 Team were triumphant, particular mention should go to Yaz for her amazing shooting.

The Year 8 and 9 netball teams travelled away to Mount Kelly where the Year 8 team were triumphant

The Year 9 netball team also took part in the end of season tournament against tough competition at Blundells school in Tiverton, particular mention goes to Liv for being our top goal scorer.

We have more upcoming netball fixtures this half term with Year 10 and 11 travelling away to QE on Monday 18th March and Year 7 and 8 participating in their end of season tournament at St Peters on Monday 25th March.

Congratulations to the Boys in Years 8-11 who have represented the college in the Exeter and East Devon Football Cup this term.

Congratulations to the students who represented the college at the swimming festival in Ivybridge. This was a fantastic group of students who showed great team work, communication and were generally absolute super stars who represented the college fantastically well at this team swimming event. The organisers and coach driver all commented about what an amazing group of students you are, and we couldn't be prouder of you.

Respect

Thank you to all students who have attended the extracurricular sports programme so far this year and thank you to all of those students who have represented the college so brilliantly when participating in sports fixtures. It is worth mentioning that the competitive season for winter sports comes to a close at the end of this term, and this will be reflected in the Extra Curricular offer after Easter.

The Extra-curricular programme will be shared through the tutor system and class charts, but I would like to take this opportunity to remind families that sports clubs run through the PE dept. are free of charge and will run on a Tuesday and a Thursday after college from 3.30pm-4.30pm. There is no need to sign up in advance, students are permitted to turn up and play. Late buses run on most routes leaving from the front drive on a Tuesday and Thursday. The PE dept. are always more than happy to help any student nervous or unsure how to use the late bus, please just ask.

The Summer Sports Extra-Curricular programme will begin on Tuesday 23rd April and this will be shared with students and families on return from the Easter break.

Curriculum

As we head into the 'Summer' sports season this will be reflected in our curriculum activities. Students in Key Stage 3 will be undertaking activities such as athletics, rounders, cricket and tennis (amongst others).

Year 11 Basketball vs Shebbear

Well done to all the students who represented the college in our two basketball matches against Shebbear College. All of the students involved have been passionate and committed members of the basketball club this year. Their enthusiasm has been fantastic and they were great ambassadors for the College.



Indoor Cricket Success!

Okehampton College U15 and U13 Girls Indoor cricket teams have had a very successful couple of months.

On Tuesday 7th February, our U15 girls travelled to Plymouth Marjon University for the West Devon and South Hams Indoor Cricket competition. They played 5 games and won all 5. This was an excellent achievement, they had great wins against, lvybridge College, Devonport High School, Plymouth High, Plymstock College and Mill Bay.

On Tuesday 20th February the U13 girls went to the same venue for their competition. They also excelled, winning 4 out of 4. They had fantastic victories against, Devonport High School, Plymouth High, Plymstock College and Mill Bay.

Over the past two weeks, both teams have represented West Devon and the South Hams in the County Indoor Cricket Finals Day at Exeter University.

The U15 girls made it all the way to the County Final on March 7th narrowly losing out to a very strong Plymouth College, to get to the final they had great victories against Teign School, Exmouth College and St Peters School. It was a great day with many excellent performances, losing the final was disappointing, but the girls will take a lot from playing against a very good Plymouth College side.

Thursday March 14th the U13 girls lost in the County Semi Final to Blundells - they had a successful day beating St Peters School, Devonport High School and Churston Grammar.

All those pictured below were a credit to Okehampton College. Their level of respect, commitment and determination was admirable. The individual and team performances got better and better as the competitions progressed, I was so pleased with how the girls adapted to game situations, they responded to feedback and the progress demonstrated in each game was great.

The results show that girls' cricket in Okehampton College is going from strength to strength and we are consistently one of the strongest state schools in Devon for girls' cricket.

Thank you and well done to all.





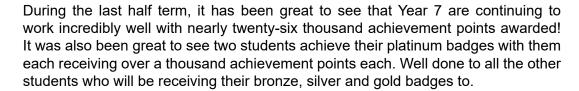


A WORD FROM:

Mr Parker

Head of

Year 7



Students have also been fundraising for Comic Relief with everyone partaking in a non-uniform day on the 15th March and then lots of Year 7's attending the special edition of Would I Lie To You hosted by Mr Giles. Our assemblies during this half term have been focused around career's week, International Women's Day and World Book Day.

Lastly, more information will be coming out about Adventure 7. A local community focused, not for profit, event aimed at Year 7 students attending Okehampton College. Run during the summer break, students will find themselves taking part in a selection of adventurous activities, with the aim of not only giving them new experiences but also mixing with peers from the same year group in a different way. The activities will be both water & land based, some may be a challenge at height, others may rely on teamwork but all of them will present the opportunity to step outside of comfort zones & gain some valuable life experience. It would be great to see as many Year 7's as possible taking part in this event set during the summer break. There has been some excellent feedback from previous Year 7's that have attended.

I hope you all have a relaxing well earned Easter break.



A WORD FROM:

Mrs Ashelford

Head of Year 8

Well this term has absolutely flown by. It has been another fantastic term for my Year 8s – with so many positive comments and feedback from other members of staff or visitors to this school about how polite and respectful this cohort are. I had some visitors to a Year 8 lesson the other week, one of whom sought me out to tell me how fabulous the students in that lesson were, how their care and detail of their books was brilliant and actually that this was not limited to just that lesson but they has observed this in several Year 8 lessons. I cannot be more proud. As we move closer towards the end of the school year and the next phase of being a Year 9 beckons, I feel that this cohort and just going to set the standard for the school and the Oke way - and they have seemingly set the bar very high indeed.

On another note — it has been absolutely brilliant to catch up with so many of our young sporting hero's. I have had emails of photos and information sent to me of my cohort qualifying for things, getting medals and placings in some super tough events and I have even had the pleasure of seeing some of them in action at events around the county. It really is the highlight of being part of such a great year group to have such a brilliant bunch who are pushing themselves both in and out of school. Well done team — now go and eat lots of Easter Eggs — you thoroughly deserve them!





A WORD FROM:

Mrs Wheeleker

Head of Year 9

As we approach the final term of Year 9 and then end of Key Stage 3 for our students it is time to reflect on a very busy term. Some of our students took part in the Cultural Champions activities and a day in Exeter celebrating the diversity at Okehampton College and in schools in Devon. Duke of Edinburgh bronze students have been completing their volunteering and activities, whilst preparing for the expedition next term. At the spring concert it was lovely to see Year 9 students developing their confidence whether it was playing an instruments or supporting behind the scenes.

Next term sees the final Enrichment Week for our year group which students are looking forward to. Next year they will be undertaking work experience and it is never too early to start thinking about what they might like to do for their week next year. Year 9 will also have their Option choices confirmed next term after the Options process this term.

Sadly, we say goodbye to Mr Turnbull at the end of term. The Year 9 team would like to thank Mr Turnbull for his unwavering support and commitment to the young people in his tutor group, in Year 9 and across the school. We will all miss him and wish him all the best as he starts a new challenge.



A WORD FROM:

Mrs Weigersma

Head of

Year 10

Happy Easter Holidays Year 10.

Well done and congratulations for doing so well in your Year 10 mock exams. We have been impressed by how well you have conducted yourselves throughout the whole process. This was a new experience for all of you and something we will continue to practice in Year 11.

As we look forward to the summer term, we now need to ensure that everyone has a work experience placement. Thank you to those who have submitted their placements onto the GROFAR system. In your tutor groups, everyone should have had the opportunity to log on whilst in College, so if you are still having problems accessing GOFAR please contact your tutor as soon as possible. Work experience is a valuable part of Year 10 as it enables all students to test out their career ideas, whilst showing perspective employers both commitment and enthusiasm. Get your placements organised, it is a great week.

I hope that you enjoy a well earned break and we look forward to seeing you back at the start of the summer term.





A WORD FROM:

Mrs Hodgson

Head of

Year 11

Final full term complete Year 11! What a term it has been! Mock results have been issued and it is now time to act upon that feedback and reflect on positive and negatives of those results. Make sure you are assessing your revision techniques to ensure they are the most efficient and productive way of working.

I spoke in assembly about a timetable that I have put together for the exam period which will include booster sessions. I have had several conversations throughout the year about attendance being the easiest way to make progress in school and this is why we are ensuring you get as much lesson time as possible. Each lesson and booster session will be planned carefully by your teachers to fully prepare you with exam techniques and subject knowledge. It is important that you continue to attend all timetabled lessons

The next few holidays will be time for you to revise but it will be worth it when you get to the summer holidays!

You all have 100% got this for the last few weeks!! I am cheering every single one of you on until you cross the finish line in June.

Dont forget the **Year 11 into Post-16 Taster Day** is on Wednesday 3rd July. 08:45 - 15:10. The Taster Day is an opportunity for those Year 11 students who have applied for Okehampton College Post-16 to come back to College for the day. You will attend lessons within your chosen subjects and maybe try some new subjects. You'll be set some summer work to complete by staff and this will be submitted upon your return in September.

For those of you still unsure or undecided if Okehampton College Post-16 is for you please come along. Attend some taster lessons and submit your applications thereafter.

If you have any questions re the Taster Day - please see Mr Harris or email Mrs Little (Post-16 Admin) vlittle@okehamptoncollege.devon.sch.uk

More details of the day to follow after Easter.

Well done Year 12 for an excellent half term. Your attendance to College has been consistently 91% and above and your approach to lessons has been good. It has been great to see the Food and Nutrition class completing their practical coursework, lots of hard work and preparation had gone into the assessment so well done to all involved.

Thank you to those Year 12 students who have been working hard securing a summer work experience placement. Work experience is a key part of the Year 12 year calendar and has many important outcomes attached to it. It is a great week for developing confidence, independence and respect for the world of work. I look forward to having 100% work experience completion in Year 12.

Well done to our Year 12 Vocational students who have been busy on placement, working very hard within our community on a Thursday and a Friday. The positive feedback from the employers is great to receive, keep up the hard work and focus after Easter.

At the time of writing this - Year 12 have a trip planned on Wednesday 27th March to Exeter University and Skirmish Paintball . This is an opportunity to gain a brief insight into University life and to have an enjoyable social activity in the afternoon.

I would like to take this opportunity to wish you the best luck with your upcoming exam week that commences on April 29th.

Have a restful Easter break.

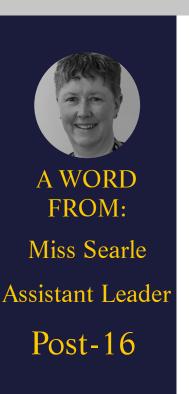


A WORD FROM:

Mr Harris

Assistant Leader

Post-16



Well done Year 13 on a really positive term. So many of you are working really hard, not only in lessons, but also in your study periods and own time to ensure your success in the fast-approaching exams. Alongside that it is impressive that so many of you are engaging in volunteering both in College and in the local community. I regularly hear from people who are singing your praises about this.

It has been exciting to read all the university offers coming in and see that many of you have already been able to make your firm and insurance choices. There is such an interesting variety of choices that have been made across a range of subjects, including both academic and vocational courses with applications having been made for teaching, nursing and paramedic courses as well as science, arts and art courses. Well done to everyone who received offers!

I know many of you plan to use some of your Easter break time to get stuck into your revision and we fully encourage this, but I hope you will also all take some well-earned rest time to charge your batteries before what will be a busy and important final term.

Recycle Old Uniform with Schoolwear Direct

We recycle all old school uniforms, whether they are in a useable condition or can no longer be worn. The items are turned taken and used by third world countries, or if the garments have come to the end of their life, they are recycled and manufactured into a new product, reducing the amount that end up in landfill.

Shockingly, 1.4 million wearable uniform garments are thrown away every year in the UK. By supporting our customers with the collection of unwanted schoolwear, we're working together to extend its life, reduce waste, and help families who might otherwise struggle to afford a uniform.

We have a recycling bin in our store in Okehampton, that old uniforms can be put in at any point. (52 Northfield Road Industrial Estate, Okehampton. EX20 1BQ)







www.okehamptoncollege.devon.sch.uk



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Okehampton College



@OkehamptonCC



Okehampton College, Mill Road, Okehampton, Devon, EX20 1PW

The Oke Way

We care - We challenge - We thrive





SELF HARM SUPPORT

Zoom Workshop with Parental Minds

This workshop is designed to provide guidance and support for parents whose young people hurt themselves when overwhelmed by their emotions. Join us as we explore practical techniques and navigate the complexities of support

Parental Minds co-produce mental health support guides from family lived experience with input from professionals and researchers. These guides have been used to develop this skills workshop, which is for parents and those who support other's mental wellbeing.

Sign up here: bit.ly/PMSelfHarm24

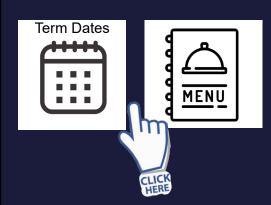
Monday 25th March 19.00 - 21.00 Online, Zoom





Please click on these icons to view the 2024 – 2025 Term Dates and also the Okehampton College canteen menus Alternatively visit our website;

www.okehamptoncollege.devon. sch.uk



Dartmoor Multi Academy Trust

...everyone in our Trust.

