





Dear Parent / Carer

It is with great delight that we are able to launch our 2023 summer Enrichment Week programme. All Key Stage 3 students will take part in this exciting week from Monday 10th to Friday 14th July.

This week is an extension to our curriculum, we believe it is a fantastic opportunity for students to make new friends and create everlasting memories, but most importantly this week promotes the following enrichment outcomes:

- Helps young people engage and improve their social interaction
- Develops cultural awareness of the world around them
- Increases motivation and helps promote a healthy and active lifestyle
- Builds confidence and self-esteem
- Teaches and develops new skills
- Builds resilience and independence

We ask that you please read through this brochure carefully with your child and when deciding which trip or activity to choose, we ask that you focus on what you can afford and what your child would enjoy and gain the most from, not what their friends want to do.

We have tried to include a variety of trips with a variety of costs so as to cater for everyone's needs. We very much understand the economical state of life at present but also acknowledge that trips such as these offer amazing opportunities for students. It is always a challenge to meet everyone's needs and much consideration and work has gone into ensuring we continue to offer such an enriching week for our young people.

Most trips are limited on numbers and for any trips that are over-subscribed, places will be allocated on a 'first come first served' basis, therefore it is important that your child selects 2 alternative choices so that we can allocate another trip if they do not gain a place on their first choice. There are over 700 students in KS3, so we hope that you appreciate that allocating students to trips is not an easy task and we cannot guarantee that your child will get their first choice, or be on a trip with a particular friend, however we will do our very best to accommodate everyone where possible.

Please be advised that the details printed in this brochure are correct at the time of publication but may be subject to change. The prices printed are an approximate cost and based on the trip being completely filled to capacity, prices may increase, or some trips may not even run if the demand is not great enough.

Bullachienka

Mrs Hachipuka EW Co-ordinator

# Important Information for Parents/Carers

### How to sign your child up for a trip/activity

Please complete the booking form by <u>clicking here</u>. This form will go live at 6pm on **Friday 11th November 2022.** 

If you have more than one child in KS3, please ensure that you complete a form for each child. All students should select **3 different choices**, all of which they would be very happy to be allocated on, it is not always possible for students to receive their first choice.

- 1. The form will close at **midnight on Tuesday 15th November** so please ensure that you complete it before this deadline. Remember any trips that are over-subscribed will be allocated on a 'first come first served' basis, the quicker you complete the form the more likely your child will secure a place on one of their chosen trips.
- 2. After the deadline we will begin the allocation process and you will receive confirmation of your child's trip/activity by email.
- 3. You will be expected to pay a deposit by **Wednesday 30th November** to confirm and accept your child's place on the allocated trip/activity. This should be paid via your child's online School Gateway account by the deadline.
- 4. Any students eligible for Pupil Premium funding may receive a 10% subsidy, which will only be deducted from the final payment(s) of the trip and providing that all other instalments are paid up to date.
- 5. Please be advised that deposits for foreign residential trips will be a substantial amount and will be in line with the deposit invoices we receive from tour operators. We must be very strict on receipt of deposits, if we do not receive your deposit by the deadline then we may have no other choice but to take your child off the trip.
- 6. Many of the trips/activities are a huge financial commitment for parents/carers, therefore please ensure that your child is motivated and enthused by their allocated trip/activity before paying the deposit, if your child changes their mind about their trip once the deposit has been paid, this is highly likely to result in the loss of your deposit. Once the college have paid deposits to activity providers and tour operators these will be strictly non-refundable, also non-transferable to an alternative trip.
- 7. Each trip/activity will have a payment schedule and payments must be paid by the specified deadlines this will allow us to ensure that we make prompt payments to our tour operators or activity providers on time. We would be grateful for parents / carers full support with this
- 8. As with any school trip, conduct and behaviour taken into consideration. Students are representing the College and we need to feel confident that students are going to keep themselves and others safe, especially on residentials and trips outside of school. Trip leaders will have conversations with families if they have concerns.
- 9. There will be no group passports, so students will need individual passports for residentials trips abroad. Please ensure they are in date and apply early if a replicement is required.

Any questions relating to any of the above, please contact Mrs Stevens or Mrs Thompson in the curriculum support office who will be very happy to help, or Mrs Hachipuka, Enrichment Week Co-Ordinator.

# Activities at a Glance

Activity	Approximate cost	Page	Year Group	No. of places available	Deposit
Animal Antics	£90 - £120	5	Years 7,8,9	45	£30
Arts & Crafts week	Free of charge	6	Years 7,8,9	60	n/a
Canoe, Cave & Coast	£216 - £236	7	Years 7,8,9	50	£50
Discovering Poland	£865 - £885	8	Year 9 *	20	£200
Dordogne Adventure	£725 - £745	9	Year 9	43	£200
Football in Spain	£860 - £890	10	Year 9	35	£300
Germany/Black Forest	£650 - £680	11	Years 7,8,9	36	£200
Horrible Histories	£30 - £60	12	Years 7,8,9	15	£10
Jolly Paris	£680 - £700	13	Years 7,8,9	36	£200
London Explorer	£475 - £505	14	Years 7,8,9	20	£80
Multi-sports week	free of charge	15	Years 7,8,9	100	n/a
Murder Mystery Drama/ Creative writing week	free of charge	16	Years 7,8,9	30	n/a
Netherlands Concert Tour	£520 - £550	17	Years 8 - 9	40	£100
North Devon Adventures	£480 - £510	18	Years 7,8,9	50	£100
PADI open water diving	£380 - £400	19	Years 7,8,9	15	£80
South Devon Adventures	£425 - £455	20	Years 7,8,9	45	£100
Spectacular Science	£90 - £110	21	Years 7,8,9	50	£25
Technology & IT Themed Week	free of charge	22	Years 7,8,9	40	n/a
Two Wheel Thrills	£200 - £220	23	Years 7,8,9	30	£50
Vertical Adventure	£175 - £195	24	Years 7,8,9	50	£50
Wellbeing Week	£72 - £92	25	Years 7,8,9	32	£30
Wet & Wild	£175 - £195	26	Years 7,8,9	50	£50

All Deposits are due by Wednesday 30th November, followed by installments due on the following dates:

- 31st Dec 2022
- 31st Jan 2023
- 28th Feb 2023
- 31st March 2023
- 30th April 2023
- 31st May 2023

# **Animal Antics**

A wonderful week of animal adventures- see a wide range of animals, get to have some hands-on experience and learn all about the animal world. From Tigers to Tarantulas, Koalas to Komodo dragons, you will see a huge range of animals across the week!

#### **Details and General Information:**

- Plymouth Aquarium, explore the underwater world and discover more about their conservation projects
- Dartmoor Zoo, home to so many animals plus a new reptile and bug house.
- Paignton Zoo, from gorillas to giraffes and cheetahs to crocodiles, so much to see.
- Longleat Safari, see the meerkats, koala bears, monkeys and lions.
- The week is completed by a Police Dog Demonstration and an Alpaca Walk!

**Approximate Cost:** £90-£120

Deposit: £30

No of places: 45

**Length of Activity:** 5 days

**Age of Particpants:** Years 7,8,9

#### **Enrichment Outcomes:**

- Learn about the importance of Conservation
- The role of zoos in conservation
- Insight into career opportunities in animal care and conservation

- To have an interest in animals and conservation.
- To be a good traveller on a coach
- To bring sensible clothing and footwear for all types of weather
- Bring a packed lunch every day
- Thursday will be the visit to Longleat which will leave the college early and return late, please ensure that you can arrange transport for that day









# Arts and Crafts Week

A full week of arty activities to include comic book and narrative design, photography workshop, drawing from life and screen printing, a great opportunity for students to explore their creative side.

#### **Details and General Information:**

- Design a comic book
- Photography exploration workshop
- Life drawing
- Screen printing
- Overall a chance to develop your creative skills!

**Approximate Cost:** Free of charge

No of places: 60

**Length of Activity:** 5 days

**Age of Particpants:** Years 7,8,9

#### **Enrichment Outcomes:**

- Team Building
- Build Confidence
- Learn new skills
- Build independance

- A creative mind
- comfortable clothing
- Can bring own pens/equipment if desired
- Students must provide a packed lunch each day as the canteen will not be available









# Canoe, Cave, Coast

An exciting week of Coasteering, canoeing, SUP, kayaking and caving both locally and further afield.

#### **Details and General Information:**

- An exciting week of water related activities.
- Coasteering at Hele Bay
- Canoeing, SUP and kayaking at Roadford Lake
- Caving in the Mendips
- Surfing and bodyboarding at Widemouth Bay
- Gorge Scrambling, abseiling and pond jumping at Meldon
- All instruction and safety equipment will be provided

**Approximate Cost:** £216-£236

Deposit: £50

No of places: 50

**Length of Activity:** 5 days

**Age of Particpants:** Year 7, 8,9

#### **Enrichment Outcomes:**

- Build confidence
- Build resilience
- Build trust
- Build teamwork

- Be willing to have a go
- Be able to swim
- To bring sensible clothing and footwear which can get wet and muddy
- Bring a packed lunch every day
- Wednesday will be the caving day in the Mendips, we will leave the College early and return late, please ensure that you can arrange transport for that day.









# Discovering Poland

An enriching experience of Polish culture. Visit the city of Krakow, rich in history and beautiful architecture. Gain a real insight into the Holocaust by visiting the Auschwitz Memorial.

#### **Details and General Information:**

- Return coach journey Bristol airport
- Fly Bristol to Krakow (early departure on Monday 10th July)
- 4-nights accommodation
- Breakfast, packed lunch and dinner each day
- Guided walking tour of Krakow Old Town, sightseeing and shopping
- Visit Auschwitz Birkenau Concentration Camp
- Guided tour of Wieliczka Salt mine
- Day excursion to Zakoplane with a guided bike ride

Approximate Cost: £865-£885

Deposit: £200

No of places: 20

**Length of Activity:** 5 days

Age of Particpants: Year 9 (some consideration may be given to mature Year 8 Students)

#### **Enrichment Outcomes:**

- Team Building
- Resilience
- Widen cultural awareness
- Promote independence

- Due to the nature of this trip students are expected to have a high level of maturity and have no concerns about staying away from home
- Students will need to be able to ride a bike
- Students will need a valid passport. Please be advised that a photocopy of student's passport will be required on confirmation of the trip and payment of deposit, to enable the Tour Operator to book flights.
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS.









# Dordogne Adventure

An action-packed trip in an idyllic location, set in the Plateau de Millevaches National Park in France; with lakes, woodland, and stunning countryside on the doorstep.

#### **Details and General Information:**

- Overnight travel by coach and ferry departing on Friday 7th July
- 5-nights full board accommodation in dormitory style rooms within our own exclusive accommodation block
- 4 full days of Watersports and activities \*\*
- One full excursion day / town visit
- Evening entertainment
- All meals are included whilst at our accommodation in France, however students will need to purchase food and drinks at service stations throughout the journey there and back.
- \*\*Watersports and activities to include kayaking, canoeing, gorge scrambling, stand-up paddle boarding, sailing, high ropes, climbing, fencing, target sports, orienteering and zip wire over the lake

**Approximate Cost:** £725-£745

Deposit: £200

No of places: 43

**Length of Activity:** 9 days

(Fri 7th - Sat 15th July)

**Age of Particpants:** Year 9 only

#### **Enrichment Outcomes:**

- Team building and resilience
- To widen cultural awareness
- Set personal challenges and promote independence

- This trip is physically demanding therefore a high level of fitness is required.
- Students must be strong swimmers
- Students should have a strong sense of adventure and be prepared to participate in all activities
- Students must be prepared to travel a long distance by coach and have no concerns about staying away from home for over a week
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS
- Students will need a valid passport. If your child does not own a passport, then we strongly advise that you apply for one as soon as your child has been allocated a place on the trip and you have paid your deposit.









# Football in Spain

A spectacular week in Spain for those with a passion for football.

#### **Details and General Information:**

- Compete in football matches
- Stadium tour of Nou Camp
- A professional training session at RCD Espanyol
- Sightseeing tour of Barcelona
- Activ Natura Adventure Park
- Minigolf and bowling
- Swimming Pool on site
- Accommodation is in multi-bedded rooms with private facilities on a half board basis, students will need to bring money for another meal each day

Approximate Cost: £860 - £890

Deposit: £300

No of places: 35

**Length of Activity:** 5 days

**Age of Particpants:** Year 9

#### **Enrichment Outcomes:**

- •Experience of the wider world
- Take part in international sport whilst representing the College
- Cultural capital and visiting landmarks
- Physical and skill development from elite coaches and build positive character habits

- To be a good traveller on a coach and aeroplane
- To bring sensible clothing and footwear for playing/training
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS.
- Students will need a valid passport. If your child does not own a passport, then we strongly advise that you apply for one as soon as your child has been allocated a place on the trip and you have paid your deposit.









# Germany; Black Forest & Europa Park

Discover cultural and scenic delights of Germany. Visit a theme park and experience adrenaline on a mountail coaster!

#### **Details and General Information:**

- Visit the picturesque city of Freiburg
- A Day at Steinwasen Theme Park
- Todtnau Waterfall
- Visit Lake Titisee where we will sample some real Black Forest Gateau!
- Take the chairlift to the top of the Hassenhorn mountain to enjoy the views and return to the bottom via the 3km long Hassenhorn mountain coaster.
- Experience the thrills of Europa Park theme park
- Plus lots more!
- Meals included

**Approximate Cost:** £650-£680

Deposit: £200

No of places: 36

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- To develop German language skills
- To develop social skills, independence and resilience whilst experiencing a residential trip abroad
- To have new, exciting and challenging experiences

- To have a responsible attitude
- To have a food sense of adventure and be willing to explore new things
- To be able and happy to walk reasonable distances and go on chairlifts, rollercoasters etc
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS.
- Students will need a valid passport. If your child does not own a passport, then we strongly advise that you apply for one as soon as your child has been allocated a place on the trip and you have paid your deposit.









# Horrible Histories

The Horrible Histories around us. A fascinating insight into our local history!

#### **Details and General Information:**

- Visit to Tintagel the legend of King Arthur and a modern bridge
- Big Pit in South Wales working in a coalmine, pit ponies, child labour and a constant fear of deadly accidents!
- Exeter Museum, city walls and quay life and death in medieval Exeter
- Bristol Slave Trail City sights show how Bristol's slavery past still affects life 500 years on.
- Dartmoor Prison Prison Gang life inside one of the world's most famous and notorious jails. Visit the Prisoner of War Cemeteries which are dedicated to the Napoleonic prisoners and American prisoners from the War of 1812, the opportunity to get up close and personal to the prison itself!

Approximate Cost: £30-£60

Deposit: £10

No of places: 15

**Length of Activity:** 5 days

**Age of Particpants:** Years 7,8,9

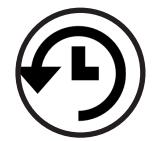
#### **Enrichment Outcomes:**

- History which has shaped the times we live in
- Learning about local history

- To have an interest in local history
- To be a good traveller on a minibus
- To bring sensible clothing and footwear for all types of weather
- Bring a packed lunch every day
- Tuesday and Thursday will be longer days which will arrive back at the college later in the day, please ensure that you can arrange transport for when you return









# Jolly Paris

Challenge yourself with this unique experience to explore Paris! See the Eiffel Tower, the Champs Elysees, and the Montparnasse Tower. Then, climb all the way to the top of the Arc de Triomphe, and take a boat cruise on the river Seine! We will also be visiting 2 of Europe's biggest theme parks: Disneyland and Parc Asterix, not to mention staying in a hotel and experiencing all the amazing French food and drink...Paris awaits!

#### **Details and General Information:**

- Early departure on Monday 10th July, travelling by coach and ferry
- 4-nights half-board hotel accommodation
- Day trip to Disneyland Paris
- Day trip to Parc Asterix
- Full day sightseeing in Paris where students will have the opportunity to see the Eiffel Tower, Arc de Triomphe and Champs Elysees as well as enjoying a Seine River boat cruise and sunset views over the city from the Montparnasse Tower in the evening.
- Late return on Friday 14th July, travelling by coach and ferry
- \*\* Breakfast and evening meals are provided each day while in Paris, but students will need to bring money for purchasing lunch each day as well as purchasing food and drinks at service stations or on the ferry throughout the journey there and back.

**Approximate Cost:** £680-£700

Deposit: £200

No of places: 40

**Length of Activity:** 5 days

Age of Particpants: Year 7, 8, 9

#### **Enrichment Outcomes:**

- Team building and resilience
- To widen cultural awareness
- Set personal challenges and promote independence
- Use French language skills

- Students should be sensible and mature, be prepared to travel a long distance by coach/ferry and have no concerns about staying away from home
- Students will need a valid passport. If your child does not own a passport, then we strongly advise that you apply for one as soon as your child has been allocated a place on the trip and you have paid your deposit.
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS.









# London Explorer

This trip is a great opportunity for students to explore our beautiful and diverse capital city. We will be visiting some of London's iconic landmarks and inspiring attractions, students will gain immense value from this exciting and cultural visit.

#### **Details and General Information:**

- A visit to London's spectacular Science Museum and Natural History Museum
- A visit to the amazing Warner Bros studios 'The Making of Harry Potter'
- Visit to London Eye
- A Thames River cruise to see all the famous sights and landmarks
- One evening Theatre performance (show tbc)
- Return rail travel from Exeter to London (parents /carers will need to be able to drop off and collect from Exeter, early departure Monday morning and collection late afternoon Friday)
- 4-nights half board accommodation in a YHA (Breakfast and evening meal included)

**Approximate Cost:** £475- £505

Deposit: £80

No of places: 20

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- To widen cultural awareness
- Help build confidence and promote independence

- London is a fast paced city, students should be comfortable with extremely busy environments, and be prepared to do lots of walking and exploring.
- \*\* Students will need to take extra money for lunches as these are not included.









# Multi Sports Week

For those students enthusiastic about sport this is a perfect opportunity to participate in a range of summer sporting activities. If you are sporty and enjoy playing as a team and competing against others, this is the week for you!

#### **Details and General Information:**

Experience a range of activities such as:

- Rounders
- Cricket
- Tennis
- Badminton
- Table tennis
- A selection of team games
- Take part in Tournaments

**Approximate Cost:** Free of charge

No of places: 100

**Length of Activity:** 5 days

**Age of Particpants:** Years 7,8,9

#### **Enrichment Outcomes:**

- Team work
- Social interaction
- Healthy Active lifestyle
- Build confidence
- Develop new skills

- Sports wear
- Appropriate footwear
- Drinks bottle
- Students must provide a packed lunch each day as the canteen will not be available









# Murder Mystery Drama / Creative Writing Week

A fun week in the English department watching, creating, designing, and performing your own murder mystery drama.

#### **Details and General Information:**

- Get creative and learn how to write a screenplay
- Design a set and characters for your play
- Make a movie poster to advertise your play.
- Perform your play at the end of the week and whilst channelling your inner Poirot to solve the mystery!

**Approximate Cost:** Free of Charge

No of places: 30

**Length of Activity:** 5 Days

**Age of Particpants:** Years 7,8,9

#### **Enrichment Outcomes:**

- Social interaction
- Cutlural awareness
- Develop new skills
- Build resilience
- Build confidence

- A Creative mind
- Comfortable clothing
- Students must provide a packed lunch each day as the canteen will not be available









# Netherlands Concert Tour

A tour in the Netherlands whilst performing concerts. Explore traditional windmills and enjoy a clog making demonstration. Take a trip to Amsterdam and visit one of the outstanding art museums.

#### **Details and General Information:**

- A tour in the Netherlands plus you will perform 3 times at different venues.
- A visit to the Anne Frank Museum
- Entry to Rijksmuseum, Amsterdam
- Entry to the Van Gogh Museum with Audio Guide
- Amsterdam canal cruise
- Visit to Clara Maria Cheese and Clog Factory
- Stay near the popular beach town of Bloemendaal aan Zee, only a 35 minute drive to Amsterdam. After a long day exploring, relax on the terrace or take a walk along the sand dunes before sitting around the fireplace talking about what the next day may bring.
- Price includes 4 nights accommodation on half board basis in multi bedded rooms with en-suite facilities. Students will need to bring money for another meal.

**Approximate Cost:** £520-£550

Deposit: £100

No of places: 40

**Length of Activity:** 5 days

**Age of Particpants:** Years 8-9

#### **Enrichment Outcomes:**

- Experience of the wider world
- Performing in another country whilst representing the College
- Cultural capital and visiting landmarks
- Build positive character habits and teamwork

- To be a good traveller on a coach and ferry
- To bring sensible clothing and footwear for playing/training
- Students will need to apply for a GHIC (Global Health Insurance Card) via the NHS.
- Students will need a valid passport. If your child does not own a passport, then we strongly advise that you apply for one as soon as your child has been allocated a place on the trip and you have paid your deposit









# North Devon Adventures

A fantastic residential in North Devon to participate in multiple adventure activites, all instruction and equipment included. So many exciting opportunities and the chance to learn new skills and make new friends. Brand-new residential centre.

#### **Details and General Information:**

A typical programme could include:

- Team games
- Kayaking, SUP and Rafting
- Archery, Rifles, Mountain Boarding
- High Ropes and then get down low with an Assault Course
- Plus lots more!
- All meals included

**Approximate Cost:** £480-£510

Deposit: £100

No of places: 50

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- Team building
- Problem solving and communication
- Build confidence in trying new things

- Love the outdoors
- Ability to swim
- Happy to stay away from home for 4 nights











# PADI Open Water Diver

An amazing opportunity to train to become an open water diver with Teign Dive Centre on the beautiful South Devon coast.

#### **Details and General Information:**

- Students will gain an internationally recognised professional qualification which will enable them to dive anywhere in the world to a maximum depth of 18m
- Please be advised that some health issues may prevent access to this activity, or a doctor's certificate may need to be obtained upon request
- Daily travel by minibus within school hours

Approximate Cost: £380-£400

Deposit: £80

No of places: 15

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8,9

#### **Enrichment Outcomes:**

- Professional Qualification
- Promote a healthy and active lifestyle
- Help build confidence and resilience

- Students will need to undertake some online theory at home before attending the course in July. The course includes the eLearning and full kit, 3 pool sessions and 4 sea dives from local shores.
- Students must be able to confidently swim 100m and be in good general health.
- Students should provide a packed lunch each day.









# South Devon Adventures

A fantastic residential at Barton Hall in Torquay, you will participate in multiple adventure activities, all instruction and equipment is included. You will have an evening entertainment programme plus time to use the outside heated swimming pool and indoor activity zone. So many exciting opportunities and the chance to learn new skills and make new friends.

#### **Details and General Information:**

A typical programme could include:

- High Ropes
- Orienteering
- Abseiling
- Zip Wire
- Raft Building
- Plus lots more!
- All meals included

**Approximate Cost:** £425-£455

Deposit: £100

No of places: 45

**Length of Activity:** 5 days

**Age of Particpants:** Year 7,8,9

#### **Enrichment Outcomes:**

- Teambuilding
- Problem solving and communication
- Build confidence in trying new things

- Have a sense of adventure
- Ability to swim
- Happy to stay away from home for 4 nights









# Spectacular Science

This will be a fun-filled, action-packed week particularly for those interested in STEM (Science, Technology, Engineering and Maths) related subjects. We will be exploring a range of science related attractions, offering access to many exciting exhibits and workshops as well as looking at animal focused conservation.

#### **Details and General Information:**

- Visit Paignton Zoo and take part in the 'Sustainability Sussed' workshop
- Visit the National Maritime Museum in Falmouth and take part in the 'Scrapheap Sailboat Challenge'
- Explore the Biomes and the world's largest indoor rainforest at the Eden Project as well as take part in a climate change workshop
- Discover Longleat on a drive-though safari, as well as enjoying all the other attractions on offer
- Visit the National Marine Aquarium in Plymouth. With interactive tour and 'under the knife' workshop.

**Approximate Cost:** £90-£110

Deposit: £25

No of places: 50

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- Raising awareness of science and other STEM related careers
- Providing opportunities for students to engage in scientific exhibits and workshops
- Exploring the wider world, building confidence and resilience

- Students should provide a packed lunch each day
- Be able to travel distances by coach each day









# Technology & IT Week

For students with a keen interest in Design & Technology and IT.

#### **Details and General Information:**

- Students will gain the experience of using workshop tools and equipment they may not have previously come across during Design & Technology lessons in years 7 - 9.
- Combined with their existing skills and knowledge the learners will manufacture products using three separate mediums: Wood, Metal and Plastic. On completion, the products can be taken home for students to celebrate what they have learnt and created during the week.
- Students will also be able to develop and create ideas through the use of computers.

**Approximate Cost:** Free of charge

No of places: 40

**Length of Activity:** 5 days

Age of Particpants: Years 7,8,9

#### **Enrichment Outcomes:**

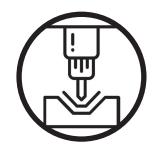
- Build confidence
- Develop use of tools
- Learn new skills

### **Student Requirements:**

• Students must provide a packed lunch each day as the canteen will not be available









# Two Wheel Thrills

This is an action-packed adventurous week of two-wheeled fun for thrill seekers who love the great outdoors.

#### **Details and General Information:**

- One day of mountain biking on Dartmoor with Adventure Okehampton
- One day trail riding at Haldon Forest
- One day trail riding at Lanhydrock
- Segway adventure safari and segway Olympics at Devon Country Pursuits, Ottery St Mary
- One day mountain biking from Exeter Quay to Dawlish Warren
- Bike hire is included each day

**Approximate Cost:** £200-£220

Deposit: £50

No of places: 30

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- Promote a healthy and active lifestyle
- Encourage teamwork, improve social skills, and build resilience
- Develop knowledge and understanding through practical application, whilst learning new skills and techniques

- Students will need to be a very confident bike rider, have good fitness levels, as well as a strong sense of adventure
- Students should provide a packed lunch each day









# Vertical Adventure Week

A climbing sport-based week. Students will overcome their fears, learn new skills and develop soft skills such as communication and teamwork.

#### **Details and General Information:**

- Indoor bouldering and movment coaching at the Climbing Hanger
- Indoor Climbing at Clip N Climb
- Coasteering near St Minver inCornwall
- Rock Climbing with Adventure Okehampton on Dartmoor
- Climbing, Weaselling and scrambling at Hound Tor on Dartmoor

**Approximate Cost:** £175-£195

Deposit: £50

No of places: 50

**Length of Activity:** 5 days

**Age of Particpants:** Years 7, 8, 9

#### **Enrichment Outcomes:**

- The chance to learn something new or develop a skill you may already have
- Encourage a healthy and active sport
- Help build confidence

- Be willing to push the boundaries and have a go
- Be able to swim 50m
- To bring sensible clothing and footwear
- Bring a packed lunch every day









# Wellbeing Week

A Week of Wellbeing- It's all about you!

#### **Details and General Information:**

- A day of pampering for your hair and nails
- Trampolining at Air Extreme in Barnstaple followed by pizza
- Swimming/Stretch & Relaxation/Bollywood Dancing/ Crazy Golf at the Manor House Hotel, Okehampton. Lunch included!
- Chill Out Day in College
- Shopping in Exeter, travel by train to spend the day in Exeter looking around the shops or relaxing in the Cathedral Yard, maybe sit in a café and watch the world go by!

**Approximate Cost: £72-£92** 

Deposit: £50

No of places: 32

**Length of Activity:** 5 days

Age of Particpants: Years 7,8,9

#### **Enrichment Outcomes:**

- To improve wellbeing
- To develop social skills
- Help build confidence &
  Self esteem

- Be able to swim 50m
- To bring sensible clothing and footwear
- Bring a packed lunch for the days in College











# Wet and Wild

Five action packed days of adventure in some of Devon's top attractions, be prepared to get wet and experience some adrenalin filled activities!

#### **Details and General Information:**

- Visit Splashdown Quaywest in Paignton, the UK's biggest outdoor waterpark
- An action-packed day at North Devon Wake Park, taking part in wake boarding, ringo rides and the aqua park
- Exploding paintball fun at Skirmish
- Laser tag tournament at Devon Country Pursuits
- Tree surfing adventure, high Vs course and Zip at Tamar Trails
- Coach travel included each day, all trips within school hours.

**Approximate Cost:** £175-£195

Deposit: £50

No of places: 50

**Length of Activity:** 5 days

Age of Particpants: Years 7, 8, 9

#### **Enrichment Outcomes:**

- Develop team building skills and help with social interaction
- Building confidence and resilience
- To improve general health and wellbeing

- Students must be confident swimmers for participation in this trip and not have a fear of heights
- Students should provide a packed lunch each day







